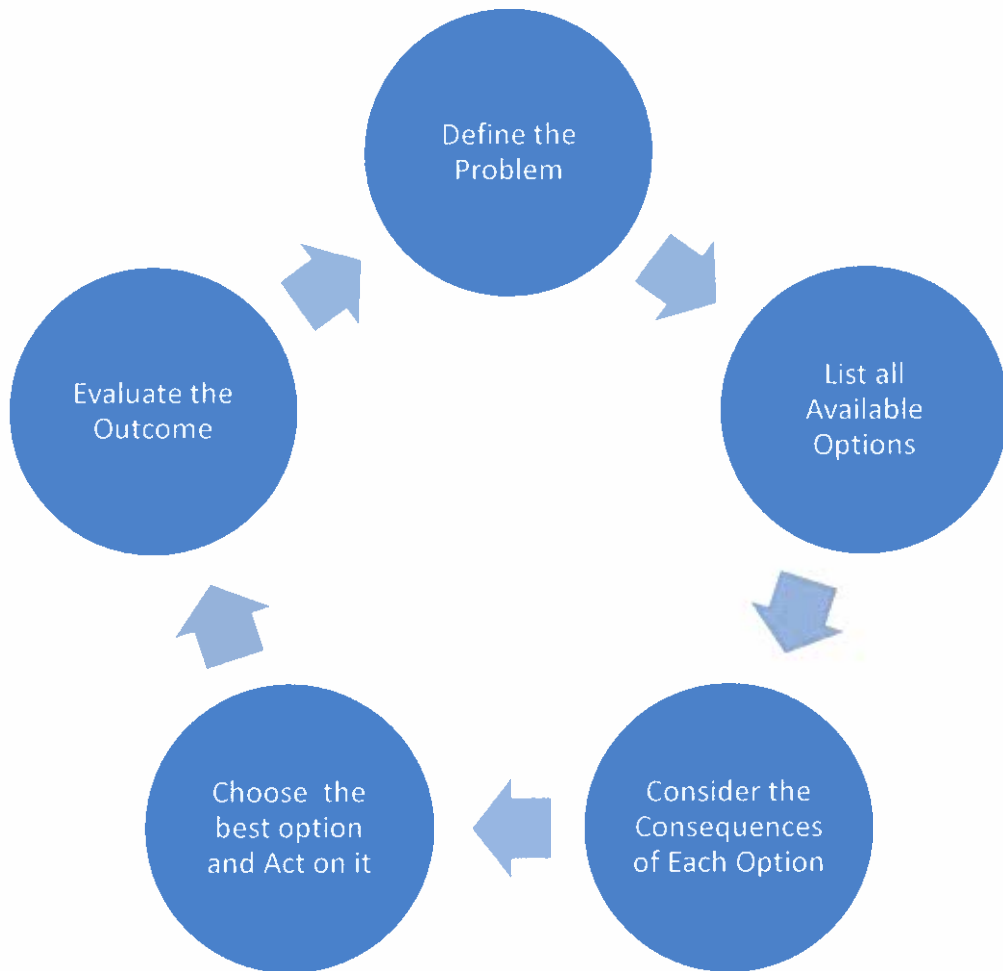


Steps to Problem-Solving



Step 1: What is the Problem(s)?

Step 2: List all your options (choices)



Step 3: Consider the Consequences

Expected Behaviors for that Environment:

Actions (What I Did)	Other People Had this Thought	Other People Felt this Way	What Happened	How I Ended Up Feeling About Myself

Unexpected Behaviors for that Environment:

Actions (What I Did)	Other People Had this Thought	Other People Felt this Way	What Happened	How I Ended Up Feeling About Myself

Step 4: Choose an option(s) that will have the best outcome.

Step 5: Evaluate or how did this choice work out for you

After evaluation, consider how:

Other people felt: _____

I ended up feeling: _____

Was this a good decision?

Yes

No

What did I learn?
