



OVERVIEW OF POTENTIAL SUPPORT NEEDS FOR INDIVIDUALS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

By:

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KEY PURPOSE

- For the purpose of this presentation IDD will stand for Individuals with Intellectual and Developmental Disabilities with or without co-occurring Mental Health and/or Substance Use Diagnosis.

KEY OBJECTIVES

- 1. Define Intellectual and Developmental Disabilities
- 2. Understanding of the prevalence of IDD in Texas alone
- 3. Understand the importance of keeping potential support needs in mind for individuals with IDD.

DEFINITION OF INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

- According to the Eunice Kennedy Shriver National Institute of Child Health and Human Development Intellectual and Developmental Disabilities is defined as “Differences that are usually present at birth and that uniquely affect the trajectory of the individual’s physical, intellectual, and/or emotional development. Many of these conditions affect multiple body parts or systems.”
- https://www.nichd.nih.gov/health/topics/idds/conditioninfo/default?fbclid=IwAR3MHEm46X6-ZxospQsByjcyShOEzxiuOOpjVVr9C2sqwvuE_GDo_7DPrIU

PREVALENCE OF IDD IN TEXAS?

- According to the Texas Workforce Commission the number of Texans w intellectual + developmental disabilities is 485,000
- <https://twitter.com/TXWorkforce/status/1235354385217175554>

EXAMPLES OF INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

- ADHD
- Asperger's (included in Autism Spectrum Disorders in DSM)
- Autism Spectrum Disorders
- Cerebral Palsy
- Charcot-Marie Tooth
- Chung-Jansen Syndrome (which is what I have)
- Down Syndrome
- Dysgraphia
- Dyslexia

EXAMPLES OF INTELLECTUAL AND DEVELOPMENTAL DISABILITIES CON'T...

- Intellectual Disability
- Fragile x Syndrome
- Juvenile Diabetes
- Lou Gehrig's disease also know as ALS
- Mowat-Wilson Syndrome
- Muscular Dystrophy
- Prader-Willi Syndrome
- Spina Bifida
- Tourette Syndrome

EXAMPLES OF INTELLECTUAL AND DEVELOPMENTAL DISABILITIES CON'T...

- Written Expression Disorder
- People who have Written Expression Disorder struggle to put their ideas into writing. They also make frequent mistakes in grammar and punctuation. Written Expression Disorder often co-occurs with other learning challenges. Two of the most common are dyslexia and ADHD . People don't outgrow written expression disorder. It's lifelong and caused by differences in the brain
- <https://www.understood.org/en/learning-thinking-differences/child-learning-disabilities/dysgraphia/what-is-written-expression-disorder>



EXAMPLES OF POSSIBLE SUPPORT NEEDS

- Only one person talking at a time
- Only one subject matter presented at a time
- Use of visual Aids
- Copies of notes
- Copies of slides used in a presentation along with a recording of the presentation so notes can be made on hard copy of slides if needed
- Ability to record lectures
- Communication Assistance
- Short list of verbal directions or tasks
- Written list of directions or tasks

EXAMPLE OF VISUAL AIDS



Click picture to see
Handout

5 POINT SCALE

- Kari Dunn Buron, MS Autism Education Specialist
- Mitzi Curtis, MsEd Autism Resource Specialist
- www.5pointscale.com

Name: Jordan Smelley My Anxiety level while at work Scale

Rating	Looks/Sounds Like	Feels Like	I can try to
5	I am either bawling or I am yelling	Extremely Overwhelmed	Call one of my supports so they can help me get to a 4 or lower Speak with my supervisor privately
4	Gone from having my camera on to turning it off in a virtual meeting at a random time for more than 30 seconds unable to focus or process information Struggle with verbal communication May raise voice level	Overwhelmed	do deep breathing or obtain assistance from coworker or supervisor
3	Showing visual signs of frustration Start having trouble with focusing and processing information stumble for words to express myself may raise voice level	Slightly Overwhelmed	obtain assistance from coworker or supervisor Take a 5 to 10 minute break listen to music do deep breathing get up and walk around the office
2	Still have a smile on my face but I am a little less chill. I am still able to focus and process information fairly easily	I feel a little fidgety	get up and walk around the office Take a 5-10 minute break listen to music
1	I am smiling and I am chill. I am able to focus and process information easily	I am calm	I am good

The Incredible 5-Point Scale: Kari Dunn Buron & Mitzi Curtis

Click picture to see handout

WHY IS IT IMPORTANT TO KEEP INDIVIDUAL(S) WITH IDD POTENTIAL SUPPORT NEEDS IN MIND

- 1. Helps establish and maintain an environment where the individual(s) feels included and supported.
- 2. Decreases the chance of the individual's sensory system being overwhelmed which can lead to a major increase in their anxiety level
- 3. Provides the individual(s) the opportunity to realize they can accomplish anything they put their mind to



WHY IS IT IMPORTANT TO KEEP POTENTIAL SUPPORT NEEDS IN MIND FOR INDIVIDUAL(S) WITH IDD CON'T...

- 4. Helps support the individual(s) in their recovery.
- 5. Reduces the possibility of traumatizing and/or re-traumatizing the individual(s).

QUESTIONS?/CONTACT INFO

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