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PRSS/ICPR**



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Carrie Breedlove, LPC

December 4, 2020

1 Hour CEU

11:30a-1pm

Trauma Education Association

Zoom & Broadcasting live in TEA Facebook

Present:

From the inside out: Uncover the client's perception of the therapeutic alliance and effectively build rapport to increase successful counseling outcomes

Objectives:

- Be able to list the 6 key principles of a trauma informed approach (SAMHSA)
- Determine practical ways of implementing these principles into your current practice to improve therapeutic alliance.
- Recognize signs of a disruption in the working relationship from the client's perspective, predict the impact of this disruption, and propose potential solutions to reestablish rapport.
- List assessment tools and strategies that will assist in building a strong therapeutic alliance