

# ASSUME a Sensory Reason™

## A Sensory-Informed Interpretation Framework

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### Why This Training Matters

Across behavioral health, substance use, academic, and systems-level environments, behavior is often misinterpreted as resistance, manipulation, or noncompliance. ASSUME a Sensory Reason™ invites professionals to pause and interpret behavior through a regulation and nervous-system lens — reducing unnecessary escalation and strengthening dignity and engagement.

### What Participants Learn

- Reframe behavior through a regulation-centered lens
- Recognize nervous-system activation and sensory drivers
- Integrate trauma-informed and consent-based interpretation
- Apply low-cost environmental and language shifts
- Understand real-world lived-experience applications

### Delivery Options

- Stand-alone session
- Can be paired with *2 Forms of Sensory Processing Challenges in Neurodivergent Persons*
- Combined experience: 2–2.5 hours (depending on engagement & Q&A;)

### About the Presenter

#### **Jordan Smelley, MHPS**

Certified Mental Health Peer Specialist

Certified People Planning Together Lead Trainer

Internationally Recognized & Award-Winning Speaker on IDD & Recovery Supports

#### **Awards:**

- 2025 Mental Health Professional(Personsoftheyear.com)
- 2025 Best Presentation Award – International Conference on Applied Psychology
- AAIDD Texas Chapter Empowerment Award (2023)
- AAIDD Texas Chapter Dr. Ollie Seay Knowledge Award (2024)

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